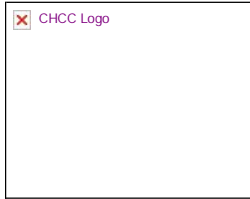


# Capitol Hill Chamber of Commerce E-Newsletter



Volume 2, Issue 1  
Welcome to 2009!

January 2009

## Greetings!

With this online newsletter The Capitol Hill Chamber of Commerce (CHCC) would like to keep you informed about our organization and recent developments in the neighborhood. If you know somebody who would like to be added to our distribution list please have them email [Jessica@caphillchamber.org](mailto:Jessica@caphillchamber.org) or follow the "Join Our Mailing List!" link on the left hand side of the newsletter. We appreciate your involvement and interest in the Capitol Hill Chamber and community news.

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2009 CHCC Member Events

**Member Events are typically held the first Wednesday of each month. Mark your calendars for the following events and keep an eye out for more details coming soon!**

**January 7th, 5:30PM**  
Capitol Hill Walking Map Release Party located at the CHCC Office.

**February 4th, 9AM**  
Advertising Locally Online Workshop offered by Justin Carder of CHS Capitol Hill Seattle

**March 4th, 5:30PM**  
2nd Annual Meet & Greet/Raffle

**April 1st**  
Human Resources Business Improvement Workshop offered by Marty Fisher previously of Starbucks Coffee Co. and Abercrombie and Fitch

## MEMBER EVENTS

### Walking Map Release Party THIS WEDNESDAY Jan 7th @ 5:30-7PM

Stop by the Chamber house, mingle with guests, pick up copies of the walking map along with special gifts from walking map participants and enjoy some warm refreshments!

**RSVP TODAY to**  
[Jessica@caphillchamber.org](mailto:Jessica@caphillchamber.org)

CHCC Office 925 E Thomas  
(corner of 10th & Thomas)

COST: Free for members,  
\$5 non-members



### February 4th's gathering presents a special workshop on Digital Marketing Capitol Hill

Session 1 will be a workshop entitled **Advertising Locally Online** with Justin Carder of Capitolhillseattle.com and Michael van Baker of Seattlest.com. The workshop begins at 9am on Wednesday February 4th, mark your calendars! More details to come...

[Click here to view photos from our events!](#)

Community Events

Chamber Members  
**SUBMIT YOUR EVENTS for 2009 NOW** to be posted on our website and in upcoming newsletters

[Click Here](#) to submit an event, news item or business profile

## Sound Transit News

### Capitol Hill Demolition begins in '09

Starting this month Sound Transit is scheduled to begin demolishing buildings and removing contaminated soil from the site of University Link's Capitol Hill Station. The work, by NRC Environmental Services, is expected to continue through mid-2009.

Before demolition can begin, salvage work is needed on several buildings. The contractor is also working with a tree company to determine if some trees at the site can be removed for replanting.

All sidewalks will remain open during demolition, except for short periods when heavy equipment must cross the sidewalks and when buildings adjacent to the sidewalks are pulled down. Denny Way will remain open to traffic during this phase of construction. The sites will be paved and remain fenced after demolition.

For more information about the demolition and remediation work, please contact Jeff Munnoch at 206-398-5131 or [jeff.munnoch@soundtransit.org](mailto:jeff.munnoch@soundtransit.org)

## FEATURED NEW MEMBER

### Gold's Gym Broadway Joins the Chamber and Makes a Special Offer for Chamber Members

Gold's Gym would like to offer **10 days free** for all employees of active Capitol Hill Chamber member businesses (this offer includes access during regular business hours, all classes on the regular schedule). Each member business will also be eligible



WELCOME New CHCC Members

[Barbara Scott](#)  
[Courtney Owen](#)  
[CHS Capitol Hill Seattle](#)

[Gold's Gym Broadway](#)  
*(see featured article)*

[R.D. Merrill Co.](#)

*Thank you for your support and  
commitment to the Capitol Hill  
Neighborhood. We look forward  
to working with you!*

for a corporate wellness discount for memberships and personal training for their employees (There are both company subsidized and discount programs available).

Members that wish to participate must contact Goreal Hudson, the Corporate Wellness Manager, to set up your business/organization and any additional benefits for your employees.

He can be contacted through email at [gorealh@goldsgymwa.com](mailto:gorealh@goldsgymwa.com) or by cell at 253-347-3842.

Join Our List

[Join Our Mailing List!](#)

**Purpose of a Company Wellness Program:**

1. Improve company health
2. Reduce healthcare cost by at least 70%
3. Improve employee productivity
4. Reduce employee absenteeism
5. Increase employee morale
6. Appeal to top talent during recruitment
7. Educate employees about the benefits of an active lifestyle

**Community Public Hearing**

**Hearing on Possible Lowell Elementary Closure**

There will be a hearing on **January 20th from 6:30 - 8:30** to discuss the possible closure of Lowell Elementary School. The hearing will be held at Lowell (the school is located at 1058 E. Mercer St) and is open to the public. We encourage people to attend and voice their concerns. Closing the school could have a negative impact on the North Capitol Hill community; an abandoned school often becomes a magnet for graffiti and general delinquency and might offset other positive neighborhood developments in progress. [Click here](#) for more information

Thank you for reading our newsletter this month. If you have any further questions about our newsletters please contact us at [Jessica@caphillchamber.org](mailto:Jessica@caphillchamber.org) or call 206.328.6646

Sincerely,

Capitol Hill Chamber of Commerce

